One World... One Breath One Breath

https://www.worldtaichiday.org

World T'ai Chi and Qigong Day, is an annual event held the last Saturday of April each year to promote the related disciplines of T'ai Chi & Qigong in 80 nations since 1999.

Waukesha Parks, Recreation & Forestry invites you to this free public T'ai Chi celebration with special guest Bob Goodwin. Bob is a master instructor with 40+ years of T'ai Chi experience and is considered one of the top instructors of the Cheng Man-ch'ing's T'ai Chi Ch'uan form.

Schuetze Rec Center - Activity Room 1120 Baxter Street, Waukesha, WI Saturday, April 27th, 2024 9:00 am - 11:00 am



