SUICIDE PREVENTION DOESN'T STOP DURING COVID-19 OR THE HOLIDAYS.



## **QUESTION PERSUADE REFER**

Virtual suicide prevention gatekeeper training provides education about how to recognize a mental health emergency and how to get a person at risk of suicide the help they need. Individuals will learn three simple steps which will help prevent suicide.

## virtual QPR

Thursday, November 19, 2020 6:00-7:30 PM

Learn myths and facts about suicide and mental health and be equipped with knowledge to help anyone at risk of suicide. You can help reduce suicide. Please join us to become certified as a QPR Suicide Prevention Gatekeeper. This training is open to anyone and geared towards adults to attend. There is no cost to attend.

## REGISTER FOR QPR ONLINE AT:

https://us02web.zoom.us/meeting/register/tZYpde6hqjgiGtWI4alzi5W1ATMHVnCzGTII

## www.namiwaukesha.org/qpr

This program is proudly provided by Waukesha County Suicide Prevention Initiative (WCSPI) and NAMI Waukesha in partnership with Saving Others for Archie (SOFA Inc.), and made possible by Women & Girls Fund of Waukesha County.



