

Deepen your Spirituality...

Writing Your Spiritual Journey



We all approach our spirituality—that link between the sacred and ourselves—in unique ways. Join in community to honor and explore your connection to the sacred and to the self. Engage in guided written exercises developed by Joanne and other authors. Learn how well-known spiritual writers sustain their practice and create successful narratives.

Give a written voice to your own spiritual story and leave with inspiring tools and strategies, all developed to make deepening your spirituality through writing easy to continue after our program.

Four-week Class: Monday evenings October 30 through November 20

Time: 6:30pm to 8:00pm

Class Fee: \$45 early registration by October 23. Week before class \$55

Registration: required to attend

Email: wakeupthewriterwithin@gmail.com

Location: Center for Well-Being Lake Country, 301 Cottonwood Ave., Hartland, WI 53029



Facilitator Joanne Nelson's ongoing writing practice focuses on creative nonfiction, essays, commentaries on craft, reviews, and the occasional poem.

In addition, Joanne is certified by the McLean Meditation Institute as a meditation and mindfulness teacher. The classes, workshops, and retreats that she leads have a solid foundation in the skills and experiences she brings from these eclectic pursuits.

Joanne lives in Hartland, Wisconsin where she develops and leads community programs, maintains a psychotherapy practice, and adjuncts. She holds an MFA from the Bennington Writing Seminars and an MSSW from the University of Wisconsin-Madison.